



WHEN: Saturday - 27 TH FEBRUARY 2021

WHERE: STOKES VALLEY POOL

TIMING: WARM UP 3.30PM FOR 4PM START

COST: \$6 PER RACE – MAX 5 RACES- Entries close 21st FEB.

Event	Age	Distance (m)	Stroke
1.	Mixed Open	200	Fly
2.	Mixed Open	400	IM
3.	Mixed Open	50	Free
4.	Mixed Open	100	Breast
5.	Mixed Open	50	Fly
6.	Mixed Open	100	Back
7.	Mixed Open	25	Back
8.	Mixed Open	100	Free
9.	Mixed Open	200	IM
10.	Mixed Open	200	Breast
11.	Mixed Open	100	Fly
12.	Mixed Open	50	Back
13.	Mixed Open	200	Free
14.	Mixed Open	25	Free
15.	Mixed Open	50	Breast
16.	Mixed Open	200	Back
17.	Mixed Open	100	IM
18.	Mixed Open	400	Free

Meet Conditions:

1. All events are mixed timed finals. The meet will be swum under SNZ, FINA and local rules, with over-the-top starts. Marshalling will apply.
2. Care is required when diving. Feet first entry during warm-up only (except authorised sprint lanes at the allocated times). Please note the pool depth is 1.2m at the deep end. Diving is permitted under coach supervision in lanes specified on the day, for the last 10 minutes of warm up. Please swim to the end of the pool to exit the water.
3. The Meet is short course. Official short course/converted short course times to be submitted. No Times will be accepted.
4. Age is at the day of meet. A maximum of 5 events per swimmer.
5. The organisers will if necessary, alter the programme and/or refuse entries to allow the meet to finish within the allotted time.
6. The organisers will not be responsible for any loss or damage during the period of the meet.
7. Entry is \$6 per event. Enter and pay online via the Swimming New Zealand online entry system. This can be accessed via <https://fastlane.swimming.org.nz>.
8. Entries close at 23:59.59 (midnight) on Sunday 21st February 2021. No late entries.
9. There will be no refunds for withdrawals after the entries close.
10. If you need to withdraw, please email race@szr.co.nz with your name and the event numbers that you are withdrawing from.
11. All participants must agree to comply with the Sports Anti-Doping Rules.

After Entries Close:

12. Initial Psych sheets, meet programme and a session report will be posted to Facebook and the club website on Thursday by 6pm. Any errors must be advised to race@szr.co.nz by Friday noon.
13. If you need to withdraw, please email race@szr.co.nz with your name and the event numbers that you are withdrawing from. No refunds after entries close.
14. The final Meet Programme will be made available to the 'Meet Mobile' app and the club website, www.swimzoneracing.org.nz, by Saturday 1pm. No printed programmes will be available at the meet.

At the Meet:

15. Classified para swimmers (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Meet Referee prior to the warm-up.
16. Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Club in accordance with the SNZ Member Protection Policy.
17. Any tape used for strapping of muscles/joints must be approved by the Meet Referee prior to the start of the meet (and be accompanied with a Dr/Physio certificate).
18. Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the conclusion of the respective event.
This needs to be accompanied in cash by the \$100.00 protest fee.

After the Meet:

19. Subject to approval, official results will be available shortly as approved times in the SNZ database.