

SWIMZONE

Racing

TIMEZONE



WHEN: 17TH OCTOBER 2020



**WHERE: STOKES VALLEY POOL,
LOWER HUTT**



**TIMINGS: WARM UP: 3:30PM
RACING: 4PM**



**COST: \$6 PER RACE
SPECTATORS FREE**

PLEASE SEE PAGE 2 FOR THE LIST OF EVENTS AND PAGE 3 FOR THE MEET RULES.



EVENTS

EVENTS	DIST	STROKE	AGE GROUP	BREAK TIME
1	200	BUTTERFLY	OPEN	OPEN
2	50	FREESTYLE	OPEN	OPEN
3	100	BREASTSTROKE	OPEN	OPEN
4	25	BUTTERFLY	OPEN	OPEN
5	200	INDIVIDUAL MEDLEY	OPEN	OPEN
6	50	BUTTERFLY	OPEN	OPEN
7	100	BACKSTROKE	OPEN	OPEN
8	25	BACKSTROKE	OPEN	OPEN
9	400	INDIVIDUAL MEDLEY	OPEN	OPEN
10	25	FREESTYLE	OPEN	OPEN
11	50	BREASTSTROKE	OPEN	OPEN
12	200	BACKSTROKE	OPEN	OPEN
13	25	BREASTSTROKE	OPEN	OPEN
14	100	FREESTYLE	OPEN	OPEN
15	50	BACKSTROKE	OPEN	OPEN
16	200	BREASTSTROKE	OPEN	OPEN
17	200	FREESTYLE	OPEN	OPEN
18	100	BUTTERFLY	OPEN	OPEN
19	100	INDIVIDUAL MEDLEY	OPEN	OPEN
20	400	FREESTYLE	OPEN	OPEN

Swimmers choosing to do back to back or one apart events do so at the risk of missing their following event.

Please advise meets@szr.co.nz so that we can be aware if you have a special need to do this.



**ENTRIES CLOSE: 11:59PM, 10 OCT (NO LATE ENTRIES)
ENTER VIA FAST LANE, \$6 PER RACE (MAX 5 RACES)**



MEET RULES



Meet Conditions:

1. Meet is only open to SZR club financial members.
2. All events are mixed timed finals. The meet will be swum under SNZ, FINA and local rules, with over the top starts. Marshalling will apply.
3. Care is required when diving. Feet first entry during warm-up only (except authorised sprint lanes at the allocated times). Please note the pool depth is 1.2m at the deep end. Diving is permitted under coach supervision in lanes specified on the day, for the last 10 minutes of warm up. Please swim to the end of the pool to exit the water.
4. The Meet is short course. Official short course/converted short course times to be submitted. No Times will be accepted.
5. Age is at the day of meet. A maximum of 5 events per swimmer.
6. The organisers will if necessary, alter the programme and/or refuse entries to allow the meet to finish within the allotted time.
7. The organisers will not be responsible for any loss or damage during the period of the meet.
8. Entry is \$6 per event. Enter and pay online via the Swimming New Zealand online entry system. This can be accessed via their 'my page' <https://fastlane.swimming.org.nz>
9. Entries close at 23:59.59 (midnight) on Saturday 10th October 2020. No late entries.
10. There will be no refunds for withdrawals after the entries close.
11. If you need to withdraw, please email race@szr.co.nz with your name and the event numbers that you are withdrawing from.
12. All participants must agree to comply with the Sports Anti-Doping Rules.

After Entries Close:

13. Initial Psych sheets, meet programme and a session report will be posted to Facebook and the club website by Tuesday. Any errors must be advised to race@szr.co.nz by Friday noon.
14. If you need to withdraw, please email race@szr.co.nz with your name and the event numbers that you are withdrawing from. No refunds after entries close.
15. The final Meet Programme will be made available to Meet Mobile and the club website, www.swimzoneraing.org.nz, on Friday evening. No printed programmes will be available at the meet.

At the Meet:

16. Pool entry will be free.
17. Classified para swimmers (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Meet Referee prior to the warm-up.
18. Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Club in accordance with the SNZ Member Protection Policy.
19. Any tape used for strapping of muscles/joints must be approved by the Meet Referee prior to the start of the meet (and be accompanied with a Dr/Physio certificate).
20. Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the conclusion of the respective event. This needs to be accompanied in cash by the \$100.00 protest fee.
21. Time ribbons will be awarded to all 11&U swimmers.

After the Meet:

22. Subject to approval, official results will be available shortly as approved times in the SNZ database.

NOTE: Should we move to Alert Level 2- all swimmers 12&O or with a 50free time faster than 38.5seconds will compete in session 1. All other swimmers will compete in session 2